# FIRST TEAM SPORTS, INC.

## APOLLO™ BACKYARD VOLLEYBALL SET

#### **SETUP INSTRUCTIONS (2/19/2018)**



### **BILL OF MATERIALS**

- (1) STORAGE BAG
- (2) ANTENNA
- (1) VOLLEYBALL NET
- (2) POST PAD
- (2) VOLLEYBALL POST
- (2) 5/16"x 1" EYEBOLT
- (2) 5/16" LOCKWASHER
- (2) 5/16" HEX NUT
- (4) GUY ROPE
- (1) BOUNDARY ROPE
- (4) BUNGEE CORD

- (6) 4" CARABINER CLIP
- (4) GUY ROPE TENSIONER
- (4) GUY ROPE STAKE
- (1) ROPE STORAGE WINDER
- (4) BOUNDARY ROPE STAKES

1. Carefully unpack and cross check all components against the bill of materials. If there are any shortages, call First Team 1-800-649-3688.

2. Both POSTS are equipped with a push button style adjustment for three different net height settings. The shortest setting is for Jr. Volleyball, middle setting is Women's/COED and tallest setting is Men's. Telescope both POSTS outward until the push button engages in the hole appropriate for your desired height setting. See below.



3. Your Apollo volleyball net has a pocket sewn into each end of the net. Insert the top of each POST into the NET pocket until the hole at the top of the POST lines up with the grommet sewn into the top of the pocket on the NET.



4. Attach (1) 5/16" EYEBOLT, LOCKWASHER & HEX NUT to the top of both POSTS as shown below. Hold the nut with a  $\frac{1}{2}$ " wrench while rotating the EYEBOLT to tighten. NOTE: LOCKWASHER & HEX NUT go to the inside of the round post.



5. Lay NET/POST assembly down on the ground as shown below with bottom of each POST positioned approximately where you want the POST to stand when system is upright.



6. Connect one CARABINER CLIP to each EYEBOLT as shown below.



7. Loop two GUY ROPES through each CARABINER attached to the EYEBOLT at the top of each POST as shown below.



8. Attach one CARABINER CLIP to the large hole in each GUY ROPE TENSIONER



9. Each GUY ROPE has a loop at each end. Attached one of the looped ends of each GUY ROPE to one of the CARABINER CLIPS you attached to the GUY ROPE TENSIONERS in step 8. (one rope per carabiner clip)



10. Step off a 45 degree angle both left and right from the spot where the bottom of each post is sitting on the ground. Typically step off 2 steps out and 2 steps left/right. Drop (1) GUY ROPE STAKE at each spot.



11. Using a hammer or mallet, drive each GUY ROPE STAKE into the ground 6" at approximately a 45 degree angle. Angle the hooked top of the stake <u>AWAY</u> from the playing area as shown below. Repeat for all four GUY ROPE STAKES.



12. Place the other looped end of each GUY ROPE around the hook on the GUY ROPE STAKE. Repeat for all four GUY ROPES.



13. Using a hammer or mallet, pound each GUY ROPE STAKE down until top of GUY ROPE STAKE is no longer a tripping hazard for players.

14. Slide (1) POST PAD onto each POST.



15. Weave the GUY ROPE through the GUY ROPE TENSIONER as shown below. Repeat for all four GUY ROPES.



16. Carefully stand each POST upright as shown below. The GUY ROPES should allow the unit to stand. Be sure to position the bottom of each POST approximately where you want the POST to stand. (You will be able to make minor adjustments to this at the end of setup)



17. Tighten GUY ROPES. Tighten each GUY ROPE by pulling GUY ROPE TENSIONER downward as shown. It is best to slightly tighten all four ROPES first then continue adding tension to each GUY ROPE one by one until proper NET tension is achieved.



18. ROPE BOUNDARY – The ROPE BOUNDARY is a continuous loop that has indicator marks positioned every 30' along the loop. Lay ROPE BOUNDARY on the ground so it roughly sits 30' wide x 60' long. Be sure to line up the center marks with the POSTS.



**19.** At each of the four corners of the ROPE BOUNDARY, secure (1) BUNGEE CORD as shown.





20. Slide BOUNDARY ROPE STAKE through the BUNGEE CORD and drive BOUNDARY ROPE STAKE into the ground located 18" diagonally from the corner of the BOUNDARY ROPE. Repeat at other three corners. When complete, the BOUNDARY ROPE should be centered between the volleyball POSTS and pulled tight.



21. ANTENNAS – Insert the top half of the ANTENNA into the lower half. Then attach each ANTENNA to the volleyball NET using the velcro tabs on the ANTENNA pocket. Be sure to position each ANTENNA directly above the sideline of the BOUNDARY ROPE as shown.



22. Use ROPE STORAGE WINDER provided to store BOUNDARY ROPE and GUY ROPES when not in use.

#### SETUP OF YOUR APOLLO BACKYARD VOLLEYBALL SET IS COMPLETE!



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